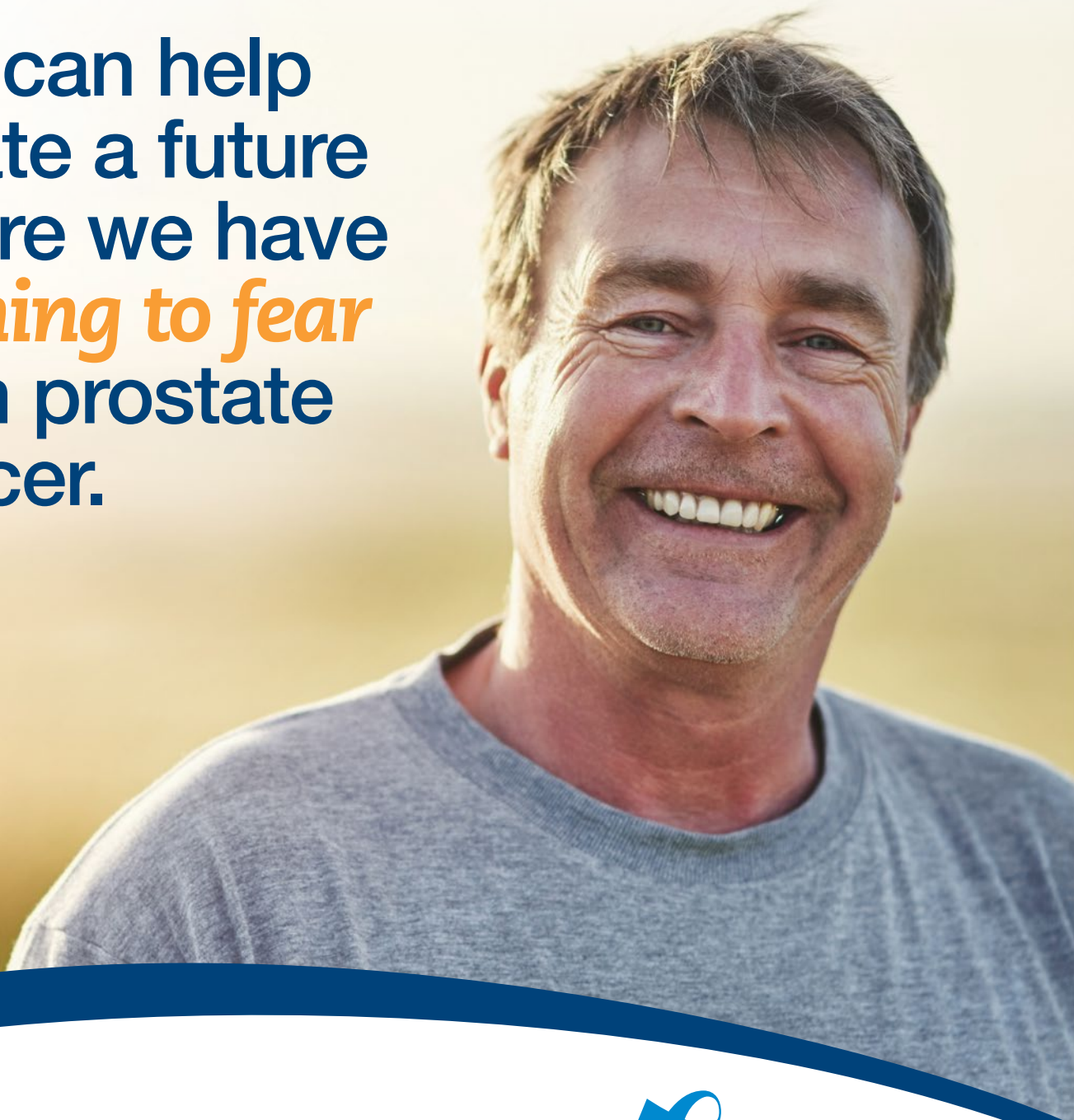


You can help
create a future
where we have
nothing to fear
from prostate
cancer.



Your guide to remembering Prostate Cancer
Foundation of Australia in your Will.



Prostate Cancer
Foundation of Australia



A future with nothing to fear from prostate cancer

Thank you for considering a gift in your Will to Prostate Cancer Foundation of Australia (PCFA).

Today, a prostate cancer diagnosis can strike fear into the heart of the hardest man, and for good reason.

While survival rates are at an all-time high, prostate cancer still takes the lives of over 3,000 Australian men each year. And many men and families miss out on essential support.

But you can help change that.

By remembering PCFA in your Will, you'll fund research that will help us better diagnose, treat and even cure prostate cancer.

You'll create a future in which all men and their families get excellent information and care.

One day, with your help, we'll have nothing to fear from prostate cancer, and everything we need to beat it.

With my deepest thanks,



Professor Jeff Dunn AO

Chief of Mission and Head of Research, PCFA
President, Union for International Cancer Control



Professor Jeff Dunn AO

The gift of a lifetime

Barbara lost her beloved husband, Peter, to prostate cancer. She hopes the gift she has left to PCFA in her Will could help to protect her son and grandsons, and yours.

Barbara remembers the day she first set eyes on her future husband, Peter.

“Peter was 18 and friendly with my older brother. We got chatting and that was it,” she recalls.

Barbara didn't know it at the time, but she would spend the next 50 years at Peter's side.

Peter developed diabetes at the age of 42. Managing his condition required a full annual blood screening, including a PSA test. One year it was missed and, only 12 months later, Peter was diagnosed with stage 4 prostate cancer.



Peter was 63 when he was diagnosed with stage 4 prostate cancer

“You could have knocked us down with a feather. Our lives suddenly revolved around tests, doctors and medical appointments.”

Despite surgery and various treatments, Peter sadly passed away only 5 years later.

Peter and Barbara had two children, Adam (AJ) and Samantha, and Barbara is now a proud grandmother to four wonderful grandchildren – three boys and a girl.

Barbara knows their family history puts her son and grandsons at greater risk of prostate cancer.

“I'm a monthly donor, but I know one day this will stop, so that's why I decided to include a gift in my Will.”

A gift in your Will could protect the men in your own family who are at risk of this disease.

If a man's father or brother has been diagnosed with prostate cancer, he'll have a **60% HIGHER RISK** of developing it too.





“I’d love to say ‘Goodbye prostate cancer – we don’t want you here anymore.’”

Barbara, who has left a gift in her Will to PCFA



***“This disease hits you physically and mentally.
It’s an incredibly challenging journey
for the whole family.”***

Paul was diagnosed with aggressive prostate cancer at age 50

Why your gift is so important

Remembering PCFA with a gift in your Will is the most effective way you can protect Australian men and their loved ones from the pain of prostate cancer.

Thanks to the support of people like you, we've made great progress for men and their families since PCFA's foundation in 1996. Australian prostate cancer survival rates are at an all-time high. New treatments, and increased access to specialist support, is improving the quality of life for men across the country.

But, with two Australian men diagnosed every 60 minutes and the number of men living with prostate cancer forecast to increase by 60% in the future, there is still much work to be done.

Knowing we have your commitment allows us to plan long-term and be strategic in our approach to treatment and support.



2 Australian men
are diagnosed with
prostate cancer
EVERY 60 MINUTES

By choosing to remember PCFA in your Will, you'll help fund prostate cancer research to find better ways to diagnose, treat, and ultimately, cure prostate cancer.

You'll also help provide specialist care to men and their families across Australia through support services like our Prostate Cancer Specialist Nurses. Your gift will ensure men get consistently excellent prostate cancer information and care, no matter where they live.

We understand that family and loved ones must come first and we will always respect your right to keep your decision private.

If, however, you would like to talk to us about your gift, or any aspect of our work, we would love the opportunity to show you the life-changing impact you could make.

A gift in your Will, of any size, will make an incredible difference to future generations of Australian men impacted by prostate cancer, and their families.

Working towards a cure

With your help, we will reduce the impact of prostate cancer on Australian men, their partners and their families. Research is key to saving lives.

PCFA funds practical, Australian-based research with direct implications for men with prostate cancer and all who care for them. We fund only the most promising projects, with the potential to improve treatment, care and support in the near-term.

In recent years, our partnership with the Australian and New Zealand Urogenital and Prostate Cancer Trials Group (ANZUP) has supported clinical trials with life-saving potential, including:

- **ProPSMA:** Results showed these scans are more accurate than conventional imaging at detecting the spread of prostate cancer, resulting in more effective treatment.
- **TheraP:** Identified Lu-PSMA as a more effective option to chemotherapy for men with advanced and pre-treated prostate cancer.
- **EVOLUTION:** Testing the effectiveness of a new generation of radiotherapy treatment when combined with existing forms of immunotherapy.

Professor Ian Davis, ANZUP Chair, is clear about the extraordinary difference your support makes:

“Every meaningful advance in treatment has been the result of testing a new idea in a clinical trial. Without funding from PCFA, these projects wouldn’t get off the ground, and many men would face the risk of a bleak future, burdened by our lack of progress.”

With your help, we will develop new ways to diagnose prostate cancer earlier when it is easier to treat. We will build on existing breakthroughs to discover new treatments that save lives.

A gift in your Will could give Australian men the greatest gift of all – more time with the ones they love.



372,000 MEN will be living with prostate cancer by 2040, surpassing the number of Australians diagnosed with any other type of cancer.



“PCFA is funding the latest research and that’s where the great discoveries will come from.”

Professor Michael Hofman, Nuclear Medicine Physician &
World-leading Clinical Researcher



“They’re the greatest bunch of nurses around. You don’t have to worry because they’re there to guide you through trying times.”

Barry has been fighting prostate cancer since 2014

Growing vital support for men and families

Your legacy will ensure we can continue to expand our Prostate Cancer Specialist Nursing service to be there for all the men and families who will need us tomorrow.



The number of Australian men diagnosed with prostate cancer is set to increase by 60% between now and 2040.

We must plan today for their future, by investing more in life-changing support such as our Prostate Cancer Specialist Nursing Service.

Today we have nearly 100 PCFA nurses around the country, accounting for thousands of hours of expert knowledge and experience.

PCFA's Director of Nursing Programs, Adjunct Professor Sally Sara, has over 30 years of experience and is recognised as a national leader in specialist nursing care for men with prostate cancer:

“We know that access to a Prostate Cancer Specialist Nurse from the point of diagnosis has a significant impact on a man’s health, wellbeing, confidence, and ability to manage his diagnosis.”

Sally is leading the expansion of our service, including our nationwide telenursing service launched in March 2021:

“To save more lives, we must reach more men and help them navigate their diagnosis and treatment. The benefits of specialist nursing are clear. Every Australian man facing prostate cancer should have access to a Specialist Nurse in the days, weeks, months, and years after their treatment,” says Sally.

A gift in your Will is a promise to support life-changing, specialist nursing care for Australian men and families gripped by prostate cancer.

There is a **60% REDUCTION** in Emergency Department visits for men who have the support of a Prostate Cancer Specialist Nurse.



A commitment to save lives

Through his kind and generous decision to leave a gift in his Will, Colin hopes young men like Will McDonald (pictured right) will survive prostate cancer.

Colin was diagnosed with prostate cancer when he was just 54.

“As far as I was concerned, I was in perfect health. I was shocked when they told me I had prostate cancer,” recalls Colin.

At the time of his diagnosis, Colin was a widower, having sadly lost his wife only a few years earlier. During his own recovery, he was reminded of how difficult it can be to go through a cancer diagnosis, treatment and recovery.



Colin's support is driven by his personal experience of prostate cancer

Colin is a long-time supporter of PCFA and donates monthly. He's passionate about supporting men's health issues, especially following his own experience with prostate cancer.

“I know I'm not the only man that's been through this. I thought this was something I could do to have a real impact,” says Colin.

He was determined to do something to prevent others from suffering in the same way.

“After speaking to my solicitor, I decided to leave a generous gift from my estate to Prostate Cancer Foundation of Australia. I want my gift to be used to progress the cause of prostate cancer research so there won't be any sufferers anymore.” says Colin.

A gift in your Will can bring an end to the pain of prostate cancer, for men like Will.



***“I plan on laughing more and
having more adventures.”***

Will was diagnosed with incurable prostate cancer at age 42

Most popular gifts and wording for your Will

Remembering PCFA in your Will is a special way to ensure your values live on.

Here are three types of gift you can consider:

A residuary bequest – Once you have taken care of friends, family and loved ones, you can leave all or a percentage of the remainder of your estate to PCFA.

A percentage of your estate – You can leave a fixed percentage of your estate to PCFA. This will reduce the impact of inflation and may also mean less updates to your Will in the future.

A specific bequest – You can leave a specific sum of money or even a cherished valuable such as artwork, jewellery, property, antiques or shares.

A gift in your Will, of any size, can create a legacy that will impact generations to come.

Here is some suggested wording for your solicitor to use when including a gift to PCFA in your Will.

“I give and bequeath to Prostate Cancer Foundation of Australia ABN 31 521 774 656

- a) All of my residuary estate Or
- b) Percentage of my residuary estate Or
- c) Percentage of my entire estate Or
- d) the sum of \$

for the general purposes of the Foundation including its research, awareness and support programs or other use as the Foundation determines and I declare that the Receipt of its Chief Executive, Treasurer or other authorised officer shall be a complete discharge of this gift.”

If you already have a Will but would like to add a gift to PCFA, you can speak to your solicitor about adding a short legal amendment.

If you'd like to have a confidential discussion about leaving a gift in your Will to PCFA please contact us on 02 9438 7000 or email enquiries@pcfa.org.au

If you have already included PCFA in your Will, we'd love the opportunity to thank you personally for your extraordinary commitment.



*“It’s not if, but when. If you are willing,
we can end the fear of prostate cancer for future
generations of men and their families.”*

Professor Jeff Dunn AO



T: 02 9438 7000

E: enquiries@pcfa.org.au



**Prostate Cancer
Foundation of Australia**